

**An estimate of GDP created in the four main provinces of the Kingdom of Poland<sup>1</sup>, around 1580**

Produce	Income in thousand złp.	% share in total
Rye bread	12205	22,6
Export rye	575	1,1
Wheat bread	785	1,5
Export wheat	105	0,2
Barley	688	1,3
Pease	1113	2,1
Millet	674	1,3
Grits	533	1
Beer	14938	27,7
Meat	4485	8,3
Row Beef Skin/Leather	187	0,3
Fish	258	0,5
Pork flitch	2437	4,5
Fat	406	0,8
Oil	980	1,8
Butter	942	1,7
Cheese	1095	2
Dairy products	1018	1,9
Salt and minerals	1642	3
Artisan production and services	8840	16,4
Total	53906	100

It was assumed that the population of those regions was 3,4 mln people. GDP per capita is ca. 16 złp. i.e. 333 grams of silver.

Based on: A. Wyczański, *Studia nad konsumpcją żywności w Polsce w XVI I pierwszej połowie XVII wieku*, 1969, s.212.

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<sup>1</sup> Polonia Minor, Polonis Major, Mazovia, Royal Prussia